

## AGES ⇒ Internships

7-Week Paid Internship  
15 Upper Peninsula Counties  
30 UP High School Juniors & Seniors

## AGES ⇒ Support

Program partners/donors:

- UPHEC
- Michigan State University College of Human Medicine
- Northern Area Health Education Center
- Northern Michigan University
- Michigan Works!
- MSU Extension
- Great Lakes Center for Youth Development
- Baraga County Community Foundation
- UP School Districts
- Dickinson County Community Foundation
- St. Ignace Community Foundation
- Michigan State Extension
- UP Healthcare Roundtable
- Upper Peninsula Health Care Network
- Upper Peninsula Power Company
- Portage Health Foundation
- And more!

Donor opportunities remain available!  
Contact Us!

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## AGES

### Area Geriatric Education Scholars Summer Internships

Apply  
March 19<sup>th</sup> - April 27<sup>th</sup>  
2007

Sponsored by the  
**Upper Peninsula Health  
Education Corporation  
(UPHEC)**

In collaboration with the Northern  
Area Health Education Center  
(NAHEC)

UPHEC houses the UP campus of MSU's College of Human Medicine, manages MGHS's Family Medicine Residency Program, and supports health professions by sponsoring K-12 programs, placing students in clinical settings and promoting career opportunities in Northern Michigan.

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# AGES

Senior Care Internships  
for  
UP High School Juniors and  
Seniors

Applications available *March 19<sup>th</sup>*  
for the 2007 Summer program at:  
[www.mgh.org/uphec](http://www.mgh.org/uphec)

• *Learn a Skill*

• *Get Experience*

• *Help People*

AGES - Area Geriatric Education Scholars

## AGES ⇨ Program Dates

March 19, 2007 –

Applications Available

- UP ISDs
- UPHEC Office
- [www.mgh.org/uphec](http://www.mgh.org/uphec)

April 27, 2007 –

Application Deadline

April 27 - May 24, 2007 –

Applicant Review & Interviews

May 31, 2007 –

Selection Notification

June 19 – 21, 2007 –

3-day Orientation @ Northern Michigan University's Seaborg Center

June 25 – August 10, 2007 –

Internship at long-term care sites throughout the UP (intern's home community)

## AGES ⇨ Summer 2006

*Excerpts from the August 28, 2006 Mining Journal*

### Students Learning to Care for Seniors ... *Having Fun*

MARQUETTE — Seven high school students are getting a taste of health careers by learning how to care for seniors during internships at local nursing homes.

“We sing, we dance, get them snacks,” Naomi Johnson, a 2006 intern at Norlite Nursing Center, said. “Some of them like to be read to, some just like to talk about their families.”

Johnson is interested in becoming a nurse after she graduates from Gwinn High School, but she hasn't decided what area she wants to specialize in.

“The whole people factor, just helping them is really something that interests me,” she said.

Johnson added that it has been very rewarding for her to get to know the seniors and

their stories.

“I definitely feel more understanding of elderly people,” she said. “Now I can see how things affect them, how the world is to them.”

She said she enjoys learning about the Depression from someone who actually experienced it rather than reading about it in a textbook. She also learned some Finnish from nursing home resident Ellen Kivisto who still speaks the language fluently.

“She's a bright girl,” Kivisto said.

Although Johnson works hard 35 hours a week, it doesn't feel like work to her.

“I don't feel like it's working to talk to people and help them,” she said. “I don't really think you can call that work.”

## AGES ⇨ Summer 2007

Are you a high school junior or senior considering a career in health care? The AGES program is your chance to gain experience and knowledge — and you'll be paid for your time.

As an AGES intern you'll learn about senior care through real world experiences and instruction. During this unique seven-week program you'll shadow health professionals, coordinate activities and provide basic care to seniors in a supervised setting. You will also develop skills and understanding useful when applying for health profession jobs and programs. Apply!

